



X-HALE TRAINING FOR YOUTH WORKERS AND VOLUNTEERS IN SMOKING EDUCATION AND PREVENTION

SUPPORT OUR YOUNG PEOPLE TO BECOME THE FIRST TOBACCO FREE GENERATION!

The Irish Cancer Society wants youth workers and volunteers to join us in supporting our young people to become Ireland's first tobacco free generation.

We are inviting youth workers and volunteers working in out of school settings to attend a free one day training session on smoking prevention and education.

The session will focus on giving you the skills, confidence and materials you need to tackle smoking issues in your setting. The accompanying X-HALE Training resource will provide you with a framework for facilitating a broad range of smoking prevention sessions in an engaging and empowering way with young people.

TRAINING DATES AND VENUES

DATES	VENUE	TIME
Sligo 28 th January	Sligo Northside Community Partnership, Holborn Hill, Rathquarter, Sligo	10am sharp- 4pm
Galway 29 th January	SCCUL Enterprise Centre, Castlepark Road, Ballybane, Galway	10am sharp- 4pm
Limerick 30 th January	Northside Youth Space, V94 TPP3, Ballynanty Road, Ballynanty, Co. Limerick	10am sharp- 4pm
Cork 4 th February	The Glen Resource Centre, Glen Avenue, The Glen, Cork	10am sharp- 4pm
Dublin 6 th February	Irish Cancer Society, 45/45 Northumberland Road, Dublin	10am sharp- 4pm

- Open to staff/volunteers working with young people aged 10-24 in out of school settings only
- Maximum of 20 and minimum of 10 attendees will be accommodated per session
- Each participant will receive a copy of the X-HALE Training resource
- Lunch and refreshments will be provided

BOOK YOUR PLACE NOW!

To register, complete the application form at https://www.surveymonkey.com/r/XHALE_Training2020. Apply early to avoid disappointment!

FURTHER INFORMATION AND QUESTIONS

Visit www.cancer.ie/xhale , email udelahun@irishcancer.ie or call 012316624