

Look out for:

- ► Swelling or lumps
- ► Trouble chewing or swallowing
- ► Ulcers, sores or patches
- Changes in your voice
- ► Pain or numbness
- ► Tooth loss

Has it been 3 weeks?

See your GP or dentist.





Contact the Irish Cancer Society
Support Line on Freephone 1800 200 700

supportline@irishcancer.ie or ask about a call in your language